

Pantry List

Check off each item as you pack or stock it

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Rice

☐

Pasta

☐

Canned tomatoes

☐

Cooking oil

☐

Flour

☐

Sugar

☐

Salt

☐

Pepper

☐

Canned beans

☐

Cereal

☐

Coffee or tea

☐

Baking soda

☐

Spices

☐

Peanut butter

☐

Oats

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