

Table Manners for Kids

Ten simple rules for the dinner table

1. Wash your hands before you sit down to eat.
2. Wait until everyone is served before you start eating.
3. Chew with your mouth closed.
4. Say please when you want something passed to you.
5. Say thank you when someone passes you something.
6. Use your napkin, not your sleeve.
7. Ask to be excused before leaving the table.
8. Keep your elbows off the table while eating.
9. Take small bites and eat slowly.
10. Compliment the cook.